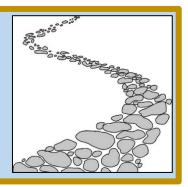
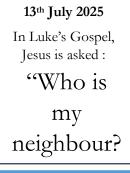


# WALKING THE PATH





# Walking the Path ~ of Hope ~







### †† IN THE STILLNESS ... HOLD MY HAND

#### RITES OF THE CATHOLIC CHURCH # 5

#### THE UKRAINIAN CATHOLIC CHURCH

The Ukrainian Greek Catholic Church is a Byzantine Rite Eastern Catholic Church in full communion with the Holy See. In the UK, the Ukrainian Catholic Church is known as the



Ukrainian Catholic Eparchy of the Holy Family of London The current Eparch is Bishop Kenneth Nowakowski.

#### THE BYZANTINE RITE

"Let us train ourselves to recognise hope."

- Pope Francis



## FEAST OF OUR LADY OF MOUNT CARMEL

Mount Carmel is where the prophet Elijah successfully challenged the priests of Baal, and references in the 12th century record a community of monks on the holy mountain, with a church dedicated to the Virgin Mary in 1263. Saint Louis, King of France, had visited Carmel in 1254, and brought back six French hermits for whom he built a convent near Paris. The monastery was destroyed in 1291. The spread of the Carmelites in Europe is largely attributable to the work of Saint Simon Stock, whose relics can be seen in Aylesford Priory in Kent.





