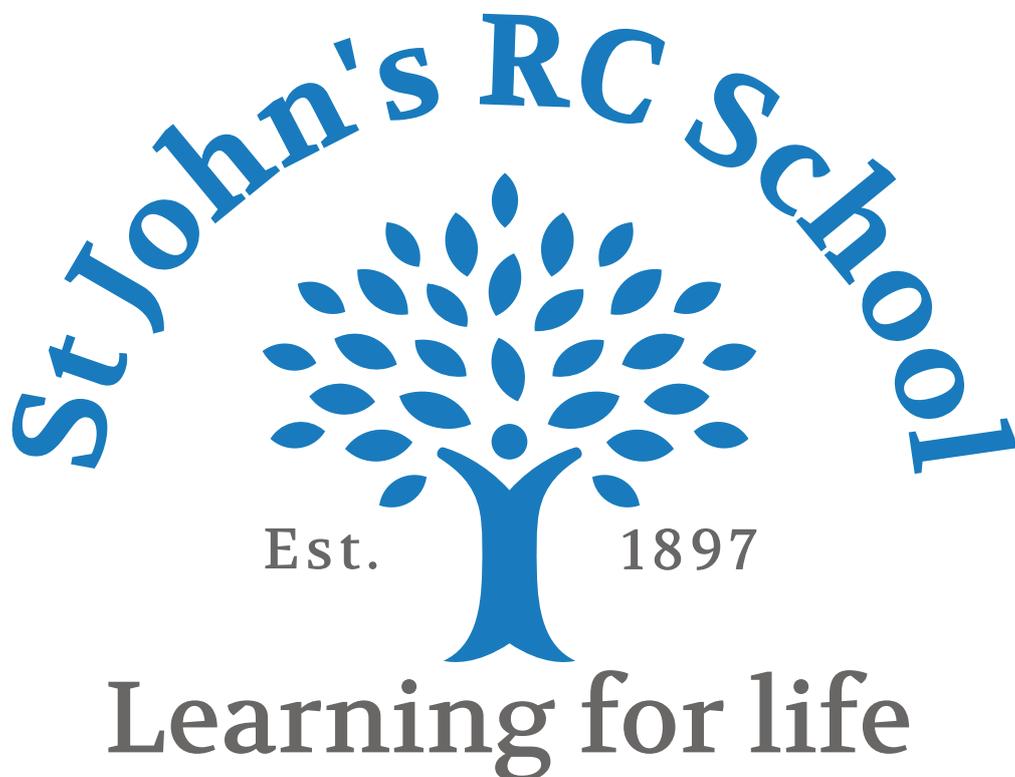


# St John's PSHE Policy

## 2021-2023



## **Introduction**

This policy covers our school's approach to teaching Personal, Social, Health Education (PSHE). It was produced by our PSHE coordinator, through the consultations with our behaviour mentors, our R.E coordinator and the schools Senior Leadership Team (SLT). Consultation took the form of collaboratively building a curriculum. The policy will be reviewed in September 2021. Parents and carers will be informed about the policy through our school website. If you require this policy in paper copy, please contact our school office.

Our school's ethos and objectives, for our pupils, is to be able to reach their full potential through educational development and building on each pupil's individual talents, abilities, skills and understanding. As well as, building upon each child's self-esteem and giving them opportunities to grow in confidence, to allow them to understand that they can achieve anything. St John's have created a community of love and learning, based on Christian values. We build the foundation for building tolerance for each other and ensuring that all of our young people respect, not only themselves, but those around them. Pupils at St John's are encouraged to value their contribution to the local and wider community which includes our links with the Diocese.

## **Aims and objectives**

This policy is informed by our school's ethos which leads to our pupils being confident, healthy and responsible members of the community. PSHE is at the core of everything that we do. We are constantly encouraging our pupils to reflect upon their experiences and how they develop.

Our PSHE programme, aims to support pupils to build upon knowledge and skills to help them live healthily and deal with the spiritual, moral, social and cultural issues they face as they approach adulthood. It helps to support pupils to understand and manage responsibly a range of relationships, as they mature, and for them to show respect to themselves and those around them. As well as building on our pupil's self

– esteem and ensuring they are well equipped to know where they will be going once their time at St John's is over.

## **Key requirements**

Our PSHE education programme promotes a PSHE framework designed specifically to support pupils with Special Educational Needs and Disabilities (SEND). We recognise that within the 'SEN and disability code of practice 0 to 25 years' (DfE 2015) it identifies four areas of need; Communication and Interaction, Cognition and Learning, Social Emotional and Mental Health and Sensory or Physical Needs. From that our PSHE programme will include the six core themes; 'Self-Awareness,' 'Self-Care, Support and Safety,' 'Relationships: Managing Feeling,' 'Relationships: Changing and Growing,' 'Healthy Lifestyle' and 'The World I Live In.'

## **Curriculum**

As a result of our PSHE programme of learning, pupils will learn about and encounter the topics – 'Self-awareness' (Me, who I am, my likes, dislikes, talents and interests), 'Self-care, support and safety' (Looking after myself and keeping safe), 'Relationships: Managing Feelings' (Understanding feelings and that how I feel and how others feel affects choices and behaviour), 'Relationships: Changing and Growing' (How I and others are changing; new opportunities and responsibilities, 'Healthy lifestyles' (Being and keeping healthy on the 'outside' and on the 'inside'), 'The world I live in' (Living confidently in the wider world). These topics will include aspects of Relationships and Sex Education (RSE).

## **Learning environment**

Our PSHE curriculum a spiral programme which has been organised learning into a series of recurring themes, each lasting a term and experienced every second year. Our PSHE education provision is mapped and planned effectively to meet our pupils needs. The spiral programme will allow teachers to determine pupils' prior knowledge within this area and this will help staff to understand what their pupils have already been taught and be able to build upon it.

At St John's our weekly PSHE lessons will be tailored to suit specific pupils needs. These lessons are flexible for each teacher to decide what is best for their class and those individuals. This is all supported by our highly skilled mentoring team, who will also deliver lessons and work collaboratively with the teaching staff.

The programme will be taught through a range of teaching methods, including multi-sensory approaches; songs, drama, art, hands on activities and community visits. We will support pupils make connections between their learning and 'real life' behaviours by creating Social Stories and acting them out.

We will create a safe and supportive learning environment by training our staff to have the skills set to deal with each situation and building trust with our pupils. We will ensure that where pupils indicate that they may be vulnerable and at risk, they will get appropriate support by adapting lessons, taking them out from the learning or identifying the need for those pupils to have 1:1 session with a member of staff.

We promote the needs and interests of all pupils, irrespective of gender, culture, ability or personal circumstance by endorsing a sensitive approach to the areas which are covered. Teaching will consider the age, ability, readiness, and cultural backgrounds of children to ensure that all can fully access PSHE education provision. We will use PSHE education as a way to address diversity issues and to ensure equality for all by promoting equalities through our teaching.

Within our PSHE lessons, we will ensure confidentiality allowing pupils to communicate with us in a range of ways. If a pupil makes a disclosure we will ensure the correct safeguarding measures are followed. This follows our schools Child Protection and Safeguarding Policy.

## **Evidence**

We will evidence pupils' learning and progression by tracking their progress in their 'Shine' book, this will stay with each pupil throughout their time at St John's. Each lesson will be taken from the current curriculum and will focus on an 'I can...' statement. These Learning Objectives will develop each week and in some cases be repeated, over a period of time, to ensure that pupil has learnt the outcome.

Evidence will be collected throughout the term, this will be a range of photos, videos or hard copies of work.

## **Links**

Learning about PSHE, will complement learning in our R.E curriculum and within many areas of our Semi Formal Curriculum (SFC); My Independence, My Citizenship, My Physical Wellbeing and My Communication. As well as in our Formal Curriculum; Travel Training, Leisure, Food Technology and our ASDAN programme.

## **Parents and carers**

Parents will be informed about the policy through PSHE consultations and the policy will be available to parents through our school website. We are committed to working with parents and carers by providing them with as much information, skills and knowledge we can. It is important that we work closely with parents to ensure that they are fully aware of what is being taught and provide additional resources and support through our PSHE/RSE Parent Information sessions.

As part of our whole school approach to PSHE, Parent Information sessions and opportunities for parents to view the materials and resources used will be delivered annually. This will be divided into Primary and Secondary and will be delivered for any new pupils and their families. There will be further information available to families on our school website. We will notify parents when Relationships and Sex education will be taught, by sending out letters and encouraging feedback from the parents.

Parents/carers have the right to withdraw their children from RSE content that is not part of statutory National Curriculum Science framework, however we advise that what is being taught to their child is an essential part of growing up. If a parent/carer requests that their child be removed from RSE, we will feed back this information to our head teacher and provide support by meeting with those parents, discussing their concerns and deciding an outcome.

## **Review**

# St John's RC School



This policy will be reviewed on a yearly cycle. It will be reviewed by the school's PSHE coordinator, behaviour mentors, our R.E coordinator and our Senior Leadership Team. This will ensure that any changes within the current curriculum is updated.